

**RESOLUTION NO. 16-1075**

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF  
BLACK DIAMOND, KING COUNTY, WASHINGTON  
ESTABLISHING A CITY EMPLOYEE WELLNESS  
PROGRAM**

**WHEREAS**, the City Council of the City of Black Diamond recognizes that employee health is related to lifestyle decisions and many illnesses and injuries can be prevented by positive health practices; and

**WHEREAS**, the City of Black Diamond further recognizes that improvements to employee health, achievable through active workplace health promotion programs and activities can result in better morale, reduced absenteeism, and enhanced productivity and performance; and

**WHEREAS**, the City Council wishes to implement a City Employee Wellness Program aimed at preventing illnesses and injuries and promoting better morale, reduced absenteeism, and enhanced productivity and performance among City employees;


**NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF BLACK DIAMOND, WASHINGTON, DOES RESOLVE AS FOLLOWS:**

**Section 1.** In order to contribute to the health and wellbeing of City employees the Wellness Committee pledges the following:


- Improve the quality of life through knowledge about health and lifestyle.
- Decrease the usage of health care services under the current provider's health benefits plan.
- Decrease the incident of workplace injuries and the severity of injury claims expense.
- Reduce sick leave usage.
- Improve employee morale and well-being.
- Demonstrate to employees that the City of Black Diamond cares about health and well-being of its workforce.
- Increase recreational or other opportunities which lead to improved physical and emotional health and reduced stress.

**PASSED BY THE CITY COUNCIL OF THE CITY OF BLACK DIAMOND, WASHINGTON, AT A REGULAR MEETING THEREOF, THIS 4<sup>TH</sup> DAY OF FEBRUARY, 2016.**

CITY OF BLACK DIAMOND:

  
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Carol Benson, Mayor

Attest:

  
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Brenda L. Martinez, City Clerk